



Daily Schedule Until Employed

BEFORE 9 AM - Be showered, dressed, tidy room, eat breakfast

The goal for those unemployed is 20 hours of DVD lessons and/or assigned reading each week, not including regular devotions and Bible reading.

9 AM – daily devotions (read selection from Scripture according to the daily reading plan and that day's devotional), make a note of what you've studied

10 AM – Watch 1 DVD session, take notes / answer questions

BREAK (15 minutes)

Watch 1 more DVD session, take notes / answer questions

LUNCH (2 hours, during which you may watch 1 or 2 episodes of a program while you eat in your room)

2 PM – Check with the house manager regarding any household chores /errands with which he may need your help. If there are none, continue with your reading assignment, taking notes, answering any questions in the book (if there are any).

BREAK (1 hour) – Go for a brief walk, work out with weights or whatever but do something outdoors. (You **MUST** sign in and out and you **MUST** return within an hour.) Do not to stop or loiter anywhere or try to get to know anyone. This is for your own meditative, enjoyment purposes, not for you to socialize. We **DO NOT** want you falling into the wrong crowd. As the Scripture states, and as you've experienced, "bad company corrupts good habits."

Continue with your reading assignment, taking notes, answering any questions in the book (if there are any).

Job searching online and in-person. Be sure to track your work activity on the Work Search Log!

5 PM – If needed, empty and take out trash throughout all the house

Daily Schedule After Employment

Follow work schedule; try not to miss any work. If you must miss work, always call in well before you are scheduled to start work.

Once employed, the goal is 10 hours each week of DVD lessons and/or assigned reading each week.